

10 October 2025

THG PLC

Notice of Trading Update

THG PLC ("THG" or the "Group") will publish a trading statement for the three months ending 30 September 2025 on 14 October 2025.

For further information please contact:

Investor enquiries - THG PLC

Kate Grimoldby, Director of Investor Relations and Strategic Projects

Investor.relations@thg.com

Media enquiries:

Sodali & Co - Financial PR adviser

Russ Lynch/Sam Austrums/Louisa Henry

Tel: +44 (0) 20 7100 6451

thg@sodali.com

THG PLC

media-enquiries@thg.com

ENDS

Notes to Editors

THG PLC is a global e-commerce group headquartered in Manchester, UK, operating through two leading consumer businesses: THG Beauty and THG Nutrition.

THG Beauty operates prominent online platforms including Lookfantastic, Cult Beauty and Dermstore, offering a valued route to market for over 1,000 prestige third-party brands, alongside a specialist portfolio of owned brands.

THG Nutrition, led by Myprotein, the world's largest online sports nutrition brand, spans multiple health and wellness categories, delivering its products both directly to consumers and through strategic offline partnerships worldwide.

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact rns@lseg.com or visit www.rns.com.

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our [Privacy Policy](#).

END

NORUKRNRVAURRAA