RNS Number: 5503Z THG PLC 06 March 2025

6 March 2025

THG PLC

Inclusion in FTSE 250 Index

THG PLC ("THG" or the "Company") is pleased to note that, following the transfer to the equity shares (commercial companies) category in January 2025, FTSE 250 index inclusion is anticipated as part of the FTSE Russell quarterly review.

Subject to confirmation from FTSE Russell, FTSE 250 index inclusion is expected to become effective on or around 21 March 2025. This represents a further important step to support the Company's strategy through raising its visibility.

Matthew Moulding, CEO of THG, commented:

"Our anticipated inclusion in the FTSE 250 marks an important moment in THG's evolution following the demerger of THG Ingenuity. As a global beauty, health and wellness consumer brands group, we continue to make significant progress against our strategic priorities."

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ENDS

Notes to editors

THG PLC is a global e-commerce group headquartered in Manchester, UK, operating through two leading consumer businesses: THG Beauty and THG Nutrition.

THG Beauty operates prominent online platforms including Lookfantastic, Cult Beauty and Dermstore, offering a valued route to market for over 1,300 prestige third-party brands, alongside a specialist portfolio of owned brands.

THG Nutrition, led by Myprotein, the world's largest online sports nutrition brand, spans multiple health and wellness categories, delivering its products both directly to consumers and through strategic offline partnerships worldwide.

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